



12-15
mins

Breakfast Recipe

Apple Pie Porridge (Hob)

Allergens



MILK



OATS

Utensils



Saucepan



Wooden spoon



Cutting board & small sharp knife

You will need...



1 Apple



1 Tsp ground cinnamon



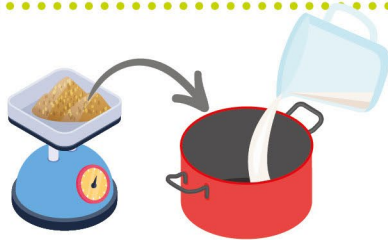
40g rolled oats



175ml semi-skimmed milk

1

Measure out the oats and pour into a saucepan along with the milk



2

Set the hob to a medium heat and pop the pan on top



3

Chop the apple into small chunks, and throw away the core



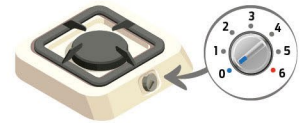
4

Add the apple to the pan. Simmer gently and stir often with a wooden spoon, for around 5 minutes



5

When porridge begins to go bubbly, take off the hob and turn off.



6

Pour into your favourite bowl



7

Sprinkle over the ground cinnamon



8

Enjoy your breakfast

